

What is Required for Regional Medicine in the Future?

1. Motivation behind Research Paper

Japan needs to quickly reexamine and organize its medical services in various areas in order to decrease the number of neglected patients in the country. Japan's ageing society started around 1970. Since then, the population of Japan has continued to age. It officially became and dubbed an aged society in 1994, and it became super aged in 2007. The ageing has just continued to accelerate, even to this day. The population of Japan is decreasing due to the declining birth rate. Moreover, there is an uneven distribution of hospitals and doctors. I decided to conduct research on this topic because I would like to help solve this social issue in Japan. Nara prefecture has specifically had problems with medical disparities between its eastern and western areas. I would hope for medical services to be evenly distributed in these areas, appropriate to the number of residents.

2. Introduction

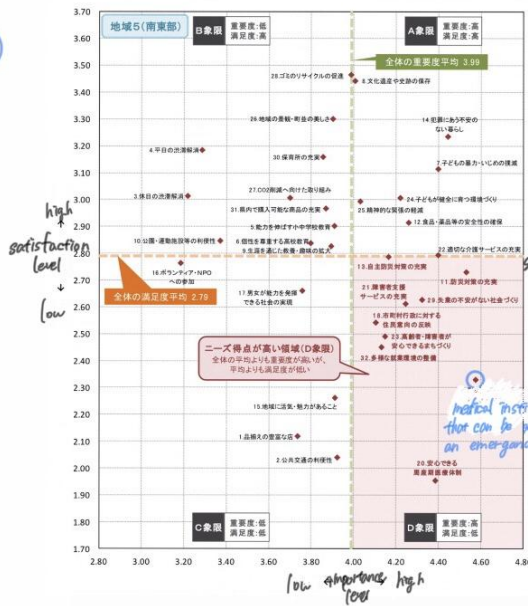
The aim is to suggest practical ways to improve regional medicine by having participants fill out a questionnaire created by the government of Nara prefecture. The questionnaire was taken by Nara prefecture residents who were selected randomly. The data collected for this survey will include online sources. I collected the data from the official site of Nara prefecture. There are reports of the

questionnaire from 2009 to 2021. The questionnaires are used for investigating the satisfaction level and dissatisfaction level of their lives.

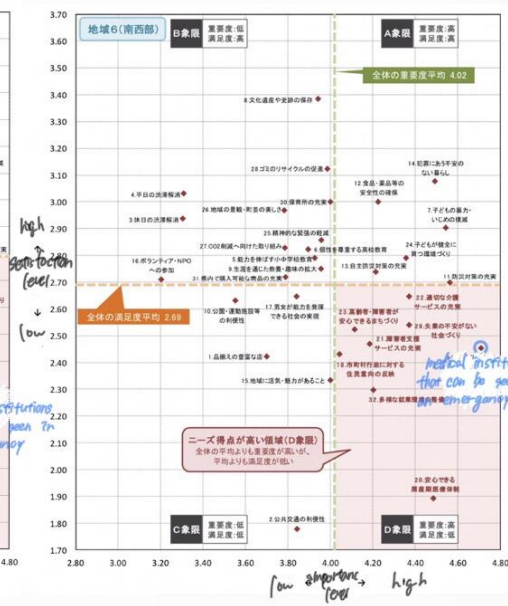
3. Results and Analysis

The regional medical concept is helpful for decreasing the anxiety and complaints of the residents of Nara. 32.1 percent of respondents answered that they do not want to live in Nara in the future. in 2015. On the other hand, 34 percent of them answered the same in 2021. In particular, younger people who answered “I want to live in Nara in the future” decreased. However, I compared the reason why they answered the way they did, 37.8 percent of them answered that there were not enough medical care systems in 2015, and 33.2 percent of them answered the same in 2021. As a result, the medical care systems became better for six years or the other problems became bigger than medical ones and manifested. Then, I compared the graph of the importance and satisfaction of items related to everyday life of the residents. In particular, I focused on medical institutions that people could go to in an emergency. In 2015, people’s satisfaction level and importance level placed low in that graph. (①,②) In 2021, it was in a better position that the satisfaction and importance levels were low. (③,④) The results showed that the regional medical concept is helpful for decreasing the anxiety and complaints of the residents of Nara. The residents of Nara started trusting the medical after it was made.

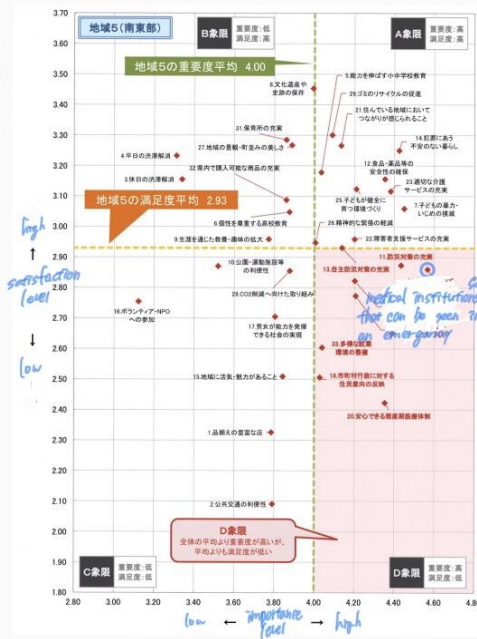
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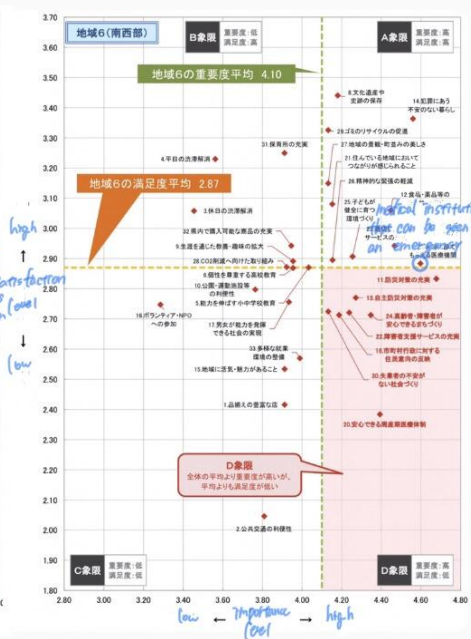
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Based on the results, I thought that the officers in Nara changed and fulfilled the medical care system. However, there were no clear changes. There may be some problems by changing the systems. When it is 2025, it is important to analyse what we could achieve by building a medical care system that responds to an ageing society, integrating medical and long-term care support, and optimising medical expenses in anticipation of the expansion of the national dental insurance system in

an integrated manner. Then, officers of Nara need to decide new goals and specific policies for 2035. I thought they must not only aim at aged people but also younger people. These are the opinions of officers in Nara and Japan, so what we should do as high school students to know the problems of each area. I thought that high school students are too indifferent about this issue. If we were more informed about the medical disparities in Japan, then I believe that we would feel more grateful for people who work in medicine. Mutual support between medical professionals and residents is required for the future of regional medical care.

4. Conclusion and Future Problems

I believe that it is necessary to analyse what we could achieve and the officers in Nara need to decide new goals and specific policies for 2035. Then, it is necessary to support between health care workers and residents for future regional medical care. Some problems might become obvious by regional medical concepts and the medical care system. For example, there may be a deteriorating working environment. People should care about other problems for solving one problem, so they need to have knowledge of problems in areas they live in.

5. Reflection

When I started this research project, I did not care about the regional medical systems of Nara because I did not have any knowledge of medicine. However, I have been interested in that since I studied insurance systems in class. Then, I have become familiar with the many problems of regional medical systems in Japan. Therefore, I can think about what health care workers want me to do. I thought that

regional medical care should be created with the consideration of mutual satisfaction between health care workers and residents. .

6. Work Cited

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