# **Implementing Measures Against Global Warming**

## 1. Motivation behind Research Paper

When I was in second grade, I researched three different environmental problems: reduction of sea ice, rise of sea level and changes in the sea ecosystem. The cause of these problems is from global warming, and I thought that global warming is connected to many environmental problems. I had the question while researching solutions to global warming. The question is "are measures against global warming effective on the Internet?" Also, I guess verifying the effects of these measures can help solve global warming.

### 2. Introduction

The aim is to verify the effects of measures against global warming. I verified the effects by making statistics about how many hours I used the air conditioner from January to April when I took measures against global warming. In addition, the aim is to want everyone to know about the current status of global warming. I collected the data by timing myself how many hours I used the air conditioner. I also collected information about the current status of global warming from the WWF website, the COOL CHOICE website and Yamano's study about coral reef ecosystems in the world.

## 3. Results and Analysis

I could verify the effect of measures against global warming, and I found out that exercising outside is the most effective measure against global warming in Winter. I will explain the reason why. I compared two graphs. There is a difference in usage time of about two times between my graph and another graph. The difference between me and another person is extracurricular activities. I did not play sports in high school, but another person often plays sports at school. Therefore, I found out that it is easy for everyone to take measures against global warming. According to DAIKIN's questionnaire, the average usage time of the air conditioner was about 5.8 hours a day. My usage of the air conditioner was about 2.7 hours a day. Compared to the average usage time, I could reduce it by about half. I tried many ways to reduce the usage time of the air conditioner. I will introduce some examples. First, I ate a hot meal and hot drinks. I could keep my body warm by eating a hot meal. Second, I tried to be with my family. I avoided using the air conditioner in my room. By trying these ways, I could reduce the usage time of the air conditioner.

#### 4. Conclusion and Future Problems

I could verify that avoiding the air conditioner a lot is effective against global warming by taking statistics about how many hours I use the air conditioner and how much CO2 is emitted. I could find an effective measure against global warming in Winter, but I do not know any effective measures against global warming in summer. My next task is to find any measures in summer, so I am going to try to find any effective measures as in winter.

#### 5. Reflection

Before starting this research, I did not know about global warming well and did not care about that, but I care about global warming and am interested in global warming now. Actually, since the amount of CO2 that can be reduced by one person is small, but I think that many people will be interested in global warming and take action to solve it, so we will be able to solve this problem. From now on, I am going to continue to take the measures against global warming and try to find effective measures against global warming in summer.

## 6. Work Cited

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